

PLAN YOUR QUESTIONS BEFORE YOUR OFFICE VISIT

Dr. William Goodson

Questions to ask if you seek general advice about your breast health or risk of breast cancer.

Why do I need a breast examination if I do my own breast self-examination?

Did you do a thorough examination of my breasts?

Did you find anything on my examination?

If you find anything, how can I be certain it is not cancer?

Do I need a mammogram?

Is the radiation in the mammogram dangerous?

Is my mammogram being done correctly?

Can't I just have a sonogram or MRI?

Will breast self-examination (BSE) help me?

How should I do BSE?

Am I at high risk for breast cancer?

Will genetic testing help me know if I am at high risk?

If I am at high risk, what can I do about it?

Should I take tamoxifen or another drug to prevent breast cancer?

Will I reduce my risk of breast cancer if I change what I eat?

Can I take birth control pills?

Can I take hormone replacement at menopause without increasing my risk of breast cancer?